# **AWM Student Chapter**

#### **Texas A&M University**

# **Peer Mentoring Program**

Open to all graduate students in mathematics at Texas A&M University

# **Peer Mentoring Goals**

- Create a relationship that benefits both the mentor and the mentee
- Provide mentees with an informal, judgment-free resource
- Address potential problems before they get serious
- Learn about our professional environment and how to collaborate
- Provide a support system and resources

## **Benefits for Mentors**

- Meet a new friend and expand your network!
- Improved professional skills
- Greater sense of community and empathy
- Item for your CV
- Mentoring experience makes you a better mentee

#### **Role of a Mentor**

- Be a judgment-free resource: listen, ask thoughtful questions, and give your mentee the opportunity to explore their own ideas
- Commit to regular meetings
- Help the mentee transition into graduate life and set short- and long-term professional goals
- Answer your mentee's questions as best you can, and familiarize them with the department and the university





## **Benefits for Mentees**

- Get advice, encouragement and guidance
- Learn from the experience of your mentor and gain valuable insight into the next stages of your career
- Experience new ideas and ways of thinking
- Develop communication, study and professional skills
- Identify goals and establish a sense of direction
- Make a new friend and start building your professional network

#### **Role of a Mentee**

- Meet with your mentor on a regular basis
- Respect their time
- Participate fully in the program throughout
- Help them help you
- Consider feedback and guidance provided by your mentor
- Ask questions, don't be afraid to leave your comfort zone!

## Suggested Mentor/Mentee Activities

- Monthly office meetings
- End of semester course planning session
- Semesterly meetings on goal planning; reflection on past semester
- Meetings over coffee/tea
- Attend seminars and conferences
- Participate in grading groups





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